

## What Do I Need to Know About Affording My Medications?

Money and resources are almost always a concern for people in life. When serious illness is added on to the normal challenges of living, people can feel more distress. The reality of managing co-payments for prescriptions and less income can cause a loss in your sense of safety and control.

It is important to take medications as they are prescribed. If you have financial concerns about being able to buy your medications, it is important that you talk with your doctor and reach out for help. Your doctor may be able to prescribe generic or less expensive medication brands and only the most necessary medicines that are shown to have proven value.

**There are also resources that can help get or pay for the medications your doctor prescribes.**

### Take Action!

- Speak with your City of Hope Financial Counselor to get information about your insurance benefits, eligibility, authorizations.

### Where can I get more information?

CancerCare Co-Payment Assistance Foundation  
1-866-55-COPAY [www.cancercarecopay.org](http://www.cancercarecopay.org)

Chronic DiseaseFund [www.cdfund.org](http://www.cdfund.org)

Healthwell Foundation 1-800-675-8416  
[www.healthwellfoundation.org](http://www.healthwellfoundation.org)

Partnership for Prescription Assistance (PPA)  
1-888-477-2669 [www.pparx.org](http://www.pparx.org)

Patient Advocate Foundation's Co-Pay Relief Program  
1-866-512-3861  
[www.copays.org](http://www.copays.org)

Patient Services Incorporated (PSI)  
1-800-366-7741 [www.uneedpsi.org](http://www.uneedpsi.org)

### Finding resources to help pay or get your medications

- Understand your insurance benefits for prescriptions
- Talk with your local pharmacist about your insurance plan and options
- Ask your doctor to prescribe generic medications whenever possible
- Apply for financial assistance whenever possible